

Obligatory Minimum contents for the Practitioner training

In order to ensure the quality of the modular training path B, the following training contents should be integrated into the Practitioner training (9 days):

Constellations in the work context

- Definition of terms
- The origin and basic assumptions of the method
- The benefit/added value of constellations
- The prerequisites and general conditions for successful constellations - criteria for the choice of method
- Fields of application in the professional environment

The Constellation technique

- The process flow, the phases of a constellation preparation, the execution and reflection
- The settings: from individual settings to large group constellations
- Open and blind constellations
- Different forms of interventions (e.g. directive versus "free flow")
- The grammar and language of constellations and their formats
- The systemic principles
- The different system levels and the appropriate handling

Quality and development

- Important aspects of quality assurance
- The role and responsibility of constellation facilitators
- The professional attitude (mindfulness, presence, unintentionality, humility, holding space, energy flow...)
- What is important for clients
- The differentiation to other fields of constellation work and the limits of constellation work
- The state of research

The number of units in which this 9-day module (63 hours) is divided into is at the discretion of the leader of the module. The above-mentioned compulsory minimum content for the Practitioner module are to be integrated into the 9 days and must take up at least a period of 3 days (21 hours). With appropriate exercises and integration into the overall context, this content can also extend over the entire 9 days.